

# CPN provided 'Nutrition Supports' to I-CAN domains Mapping

- where there is an intersection between one or more aspects of the 'nutrition support' and the domain (see the 'Detailed I-CAN Mapping Table' for the example range of actions associated with each nutrition support for the mapping context)

| I-CAN domain                  | Nutrition supports (from mapping file)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
|-------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Learning & Applying Knowledge | <ul style="list-style-type: none"> <li>• Help to follow a meal plan</li> <li>• Nutrition education/training to help the participant understand the types of food needed to stay healthy</li> <li>• Nutrition education/training for family/carers/support workers who assist with a participant's nutrition support needs (e.g., training to help follow a meal plan)</li> <li>• Help for sensory-sensitivity presentation in relation to eating food or drink (restriction/avoidance driven by texture/smell/taste/temperature/appearance) due to disability (for example: autism)</li> <li>• Help to plan and shop for meals where disability makes that difficult</li> <li>• Help to prepare meals where disability makes that difficult</li> <li>• Supporting to improve quality of life (QoL) through nutrition</li> </ul>                                                                                                                    |
| General Tasks & Demands       | <ul style="list-style-type: none"> <li>• Help to follow a meal plan</li> <li>• Nutritional supplements for participants that cannot self-regulate their eating due to their disability</li> <li>• Nutrition education/training to help the participant understand the types of food needed to stay healthy</li> <li>• Nutrition education/training for family/carers/support workers who assist with a participant's nutrition support needs (e.g., training to help follow a meal plan)</li> <li>• Help for sensory-sensitivity presentation in relation to eating food or drink (restriction/avoidance driven by texture/smell/taste/temperature/appearance) due to disability (for example: autism)</li> <li>• Help to plan and shop for meals where disability makes that difficult</li> <li>• Help to prepare meals where disability makes that difficult</li> <li>• Supporting to improve quality of life (QoL) through nutrition</li> </ul> |
| Communication                 | <ul style="list-style-type: none"> <li>• Help to follow a meal plan</li> <li>• Nutrition education/training to help the participant understand the types of food needed to stay healthy</li> <li>• Nutrition education/training for family/carers/support workers who assist with a participant's nutrition support needs (e.g., training to help follow a meal plan)</li> <li>• Help to plan and shop for meals where disability makes that difficult</li> <li>• Supporting to improve quality of life (QoL) through nutrition</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                         |
| Mobility                      | <ul style="list-style-type: none"> <li>• Help to plan and shop for meals where disability makes that difficult</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |

|                                            |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                          |
|--------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Self Care                                  | <ul style="list-style-type: none"> <li>• Creation of a meal plan when the need for a meal plan is due to the disability or effects of the disability</li> <li>• Help to follow a meal plan</li> <li>• Nutritional supplements for participants that cannot self-regulate their eating due to their disability</li> <li>• Nutrition education/training to help the participant understand the types of food needed to stay healthy</li> <li>• Nutrition education/training for family/carers/support workers who assist with a participant's nutrition support needs (e.g., training to help follow a meal plan)</li> <li>• Help for sensory-sensitivity presentation in relation to eating food or drink (restriction/avoidance driven by texture/smell/taste/temperature/appearance) due to disability (for example: autism)</li> <li>• Help to prepare meals where disability makes that difficult</li> <li>• Supporting to improve quality of life (QoL) through nutrition</li> </ul> |
| Domestic Life                              | <ul style="list-style-type: none"> <li>• Creation of a meal plan when the need for a meal plan is due to the disability or effects of the disability</li> <li>• Help to follow a meal plan</li> <li>• Nutrition education/training to help the participant understand the types of food needed to stay healthy</li> <li>• Nutrition education/training for family/carers/support workers who assist with a participant's nutrition support needs (e.g., training to help follow a meal plan)</li> <li>• Help for sensory-sensitivity presentation in relation to eating food or drink (restriction/avoidance driven by texture/smell/taste/temperature/appearance) due to disability (for example: autism)</li> <li>• Help to plan and shop for meals where disability makes that difficult</li> <li>• Help to prepare meals where disability makes that difficult</li> <li>• Supporting to improve quality of life (QoL) through nutrition</li> </ul>                                   |
| Interpersonal Interactions & Relationships | <ul style="list-style-type: none"> <li>• Supporting to improve quality of life (QoL) through nutrition</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Community, Social & Civic Life             | <ul style="list-style-type: none"> <li>• Supporting to improve quality of life (QoL) through nutrition</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |
| Behaviour of Concern                       | <ul style="list-style-type: none"> <li>• Help to follow a meal plan</li> <li>• Nutritional supplements for participants that cannot self-regulate their eating due to their disability</li> <li>• Nutrition education/training to help the participant understand the types of food needed to stay healthy</li> <li>• Nutrition education/training for family/carers/support workers who assist with a participant's nutrition support needs (e.g., training to help follow a meal plan)</li> <li>• Help for sensory-sensitivity presentation in relation to eating food or drink (restriction/avoidance driven by texture/smell/taste/temperature/appearance) due to disability (for example: autism)</li> <li>• Help to plan and shop for meals where disability makes that difficult</li> <li>• Help to prepare meals where disability makes that difficult</li> <li>• Supporting to improve quality of life (QoL) through nutrition</li> </ul>                                       |
| Mental & Emotional Health                  | <ul style="list-style-type: none"> <li>• Help to follow a meal plan</li> <li>• Nutritional supplements for participants that cannot self-regulate their eating due to their disability</li> <li>• Nutrition education/training to help the participant understand the types of food needed to stay healthy</li> <li>• Nutrition education/training for family/carers/support workers who assist with a participant's nutrition support needs (e.g., training to help follow a meal plan)</li> <li>• Help for sensory-sensitivity presentation in relation to eating food or drink (restriction/avoidance driven by texture/smell/taste/temperature/appearance) due to disability (for example: autism)</li> <li>• Supporting to improve quality of life (QoL) through nutrition</li> </ul>                                                                                                                                                                                               |

|                 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|-----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Physical Health | <ul style="list-style-type: none"> <li>• Creation of a meal plan when the need for a meal plan is due to the disability or effects of the disability</li> <li>• Nutritional supplements for participants that cannot self-regulate their eating due to their disability</li> <li>• Nutrition education/training to help the participant understand the types of food needed to stay healthy</li> <li>• Nutrition education/training for family/carers/support workers who assist with a participant's nutrition support needs (e.g., training to help follow a meal plan)</li> <li>• Help for sensory-sensitivity presentation in relation to eating food or drink (restriction/avoidance driven by texture/smell/taste/temperature/appearance) due to disability (for example: autism)</li> <li>• Help to plan and shop for meals where disability makes that difficult</li> <li>• Help to prepare meals where disability makes that difficult</li> <li>• Supporting to improve quality of life (QoL) through nutrition</li> </ul> |
|-----------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|